



The Mishnock Barn  
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# Flip Flops

Choreographed by: Dan Albro (August 2, 2010)

Description: High Beginner Partner Dance  
Music: "Flip, Flop & Fly" by: Big Joe Turner; 164 bpm  
Intro: 16 counts  
Starting: Double hand hold with Men facing outside, ladies facing inside the circle  
Opposite footwork except where noted.

Count	Description:
1-6	STEP, TOUCH, STEP, TOUCH, ROCK, REPLACE
1,2,3,4	Step side L, touch R, step side R, touch L
5,6	Rock back on L, replace weight on R
7-12	STEP, TOUCH, STEP, TOUCH, ROCK, REPLACE
1,2,3,4	Step side L, touch R, step side R, touch L
5,6	Rock back on L, replace weight on R
13-16	CHANGE SIDES, ROCK STEP
1,2	Man Turn $\frac{1}{4}$ right stepping side L, turn $\frac{1}{4}$ right stepping back R
3,4	Rock back on L, replace weight on R
1,2	Lady Turn $\frac{1}{4}$ left stepping side R, turn $\frac{1}{4}$ left stepping back L
3,4	Rock back on R, replace weight on L
HANDS	<i>On count 1 release ladies left hand &amp; takes ladies right hand over her head Pick up ladies left hand on count 3</i>
17-32	REPEAT COUNTS 1-16 TO RETURN TO ORIGINAL POSITION
33-40	SIDE, HOLD, CROSS, HOLD, ROCK, REPLACE, CROSS, HOLD
1,2,3,4	Step side L, hold, cross R over, hold,
5,6,7,8	Rock side L, replace the weight on R, cross L over, hold
41-48	ROCK, STEP, WEAVE, HOLD
1,2,3,4	Rock side R, replace weight on L, cross R over, step side L
5,6,7,8	Cross R behind, step side L, cross R over, hold

Begin Again.