Saranac Swing
Choreographed by: Dan Albro; October 14, 2005
The Mishnock Barn
200 Mishnock Road, West Greenwich RI 02817
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Description: 32 Count, Intermediate Partner Dance
Music: Bad Things by: Jace Everett
Starting position; Two hand hold, Man facing OLOD, Ladies facing ILOD
Ladies footwork opposite except where noted.

1-8&9   TRIPLE, TRIPLE, ROCK, STEP, ¼ TURN STEP, KICK BALL STEP
5,6,7    Rock back on L, replace weight on R, ¼ left stepping fwd on L (FLOD)
8&1     Kick R fwd, step on the ball of R next to L, step fwd L
HANDS   on count 7 release FLOD hands

10-14   2 STEPS FWD, KICK, STEP ¼ , TOUCH, STEP ¼ , STEP
2-6     Walk fwd R, L, Kick R fwd, turn ¼ right step side R (OLOD), touch L next to R
HANDS   Rejoin hands on count 5

15-22   LADY ¾ TURN CHANGING SIDES, STEP ½ PIVOT, STEP, HOLD
        MAN ¼ TURN, WALK, WALK, TOUCH, STEP ½ PIVOT, STEP, HOLD
1-4     Man   ¼ turn left stepping fwd on L, small step fwd R, small step fwd L, touch R
1,2     Lady  Step angle fwd R turning ¼ right (FLOD), step fwd L
3,4     Lady  Pivot ½ right weighting R, step fwd L
5-8     Both  Step fwd R, pivot ½ left weighting L, step fwd R, hold
HANDS   on count 1 release BLOD hands, on count 4 rejoin hands in front of man (mans left
        hand on ladies right hip, ladies left arm extended in front of man) left shoulder to left
        shoulder. On count 8 end with mans hand on ladies left hip

23-32   STEP, ½ PIVOT, STEP, HOLD, ¼ TURN, ¼ TURN, ¼ TURN, HOLD
1-4     Both  Step fwd L, pivot ½ right weighting R, step fwd L, hold
5,6     ¼ turn left stepping on R keeping left shoulder to left shoulder (ILOD), hold
7,8     Both  ¼ turn left stepping fwd R, hold, turn ¼ left stepping fwd L, hold
9,10    Man   ¼ turn left to original position stepping R next to L, hold
9,10    lady  ¼ turn left to original position touching R toe next to L, hold