SEVEN NIGHTS

Choreographed by: Dan Albro  (5/19/2012)
For: For Mishnock & Friends
Country Dance Cruise
Description: Beg/Int. Partner dance
Music: Seven Lonely Nights by: Burke
Position: Closed social position

MAN – FACING FLOD

1-6 EAST COAST SWING BASIC
1&2 Step side L, Step R next to L, step side L
3&4 Step side R, step L next to R, step side R
5,6 Rock back on L, replace weight on R

7-12 ¼ TURN EAST COAST SWING BASIC, LADIES UNDERARM ¼ TURN
1&2 ¼ turn left stepping side L, step R next to L, step side L
3&4 Triple in place R, L, R (turning lady under left arm)
5,6 Rock back on L, replace weight on R

13-20 2 STEPS IN PLACE, ¼ TURN 3 SHUFFLES FWD
(turning lady with left hand. Ladies inside, men outside.)
1,2 Step L in place, step R in place
3& ¼ turn right stepping fwd L, Step R next to L
4 Step fwd L
5&6 Step fwd R, step L next to R, step fwd R
7&8 Step fwd L, step R next to L, step fwd L

21-28 ¼ TURN SIDE, TOGETHER, SIDE, TOUCH, ROCK, REPLACE, ¼ TURN, HOLD
1,2 ¼ turn left stepping side R, step L next to R
(man facing ILOD, ladies facing OLOD, 2 hand hold)
3,4 Step side R, touch L next to R
5,6 Rock back on L, replace weight on R
(release mans right, ladies left hands)
7,8 ¼ turn right stepping side L, hold

29-32 ROCK BACK, REPLACE, STEP FWD, HOLD
1,2 Rock back R, replace weight fwd on L
3,4 Step fwd R, hold (return to close social position)

LADY – FACING BLOD

1-6 EAST COAST SWING BASIC
1&2 Step side R, step L next to R, step side R
3&4 Step side L, step R next to L, step side L
5,6 Rock back on R, replace weight on L

7-12 ¼ TURN EAST COAST SWING BASIC, LADIES UNDERARM ¼ TURN
1&2 Step fwd R, step L next to R, step fwd L (traveling BLOD)
3&4 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping back on L
5,6 Rock back on R, replace weight on L

13-20 ½ TURN, ½ TURN, 3 SHUFFLES FWD
1,2 ½ turn left (traveling FLOD) stepping back on R, turn ½ left stepping fwd L
3&4 Step fwd R, step L next to R, step fwd R
5&6 Step fwd L, step R next to L, step fwd L
7&8 Step fwd R, step L next to R, step fwd R

21-28 ¼ TURN SIDE, TOGETHER, SIDE, TOUCH, ROCK, REPLACE, ¼ TURN, ½ TURN
1,2 ¼ turn right stepping side L, step R next to L
3,4 Step side L, touch R next to L,
5,6 Rock back on R, replace weight on L
7,8 ¼ left stepping fwd R, ½ spot turn left on R

29-32 ROCK BACK, REPLACE, STEP FWD, HOLD
1,2 Rock back L, replace weight on R
3,4 Step fwd L, hold

Encore