

SEVEN NIGHTS

Choreographed by: Dan Albro (5/19/2012)

For: *Mishnock & Friends*

Country Dance Cruise

Description: Beg/Int. Partner dance

Music: Seven Lonely Nights by: Burke

Position: Closed social position



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MAN – FACING FLOD

1-6 EAST COAST SWING BASIC

- 1&2 Step side L, Step R next to L, step side L
- 3&4 Step side R, step L next to R, step side R
- 5,6 Rock back on L, replace weight on R

7-12 ¼ TURN EAST COAST SWING BASIC, LADIES UNDERARM ¾ TURN

- 1&2 ¼ turn left stepping side L, step R next to L, step side L
- 3&4 Triple in place R, L, R (*turning lady under left arm*)
- 5,6 Rock back on L, replace weight on R

13- 20 2 STEPS IN PLACE, ¼ TURN 3 SHUFFLES FWD

(turning lady with left hand. Ladies inside, men outside.)

- 1,2 Step L in place, step R in place
- 3& ¼ turn right stepping fwd L, Step R next to L
- 4 Step fwd L
- 5&6 Step fwd R, step L next to R, step fwd R
- 7&8 Step fwd L, step R next to L, step fwd L

21-28 ¼ TURN SIDE, TOGETHER, SIDE, TOUCH, ROCK, REPLACE, ¼ TURN, HOLD

- 1,2 ¼ turn left stepping side R, step L next to R
(man facing ILOD, ladies facing OLOD, 2 hand hold)
- 3,4 Step side R, touch L next to R
- 5,6 Rock back on L, replace weight on R
(release mans right, ladies left hands)
- 7,8 ¼ turn right stepping side L, hold

29-32 ROCK BACK, REPLACE, STEP FWD, HOLD

- 1,2 Rock back R, replace weight fwd on L
- 3,4 Step fwd R, hold (*return to close social position*)

LADY – FACING BLOD

1-6 EAST COAST SWING BASIC

- 1&2 Step side R, step L next to R, step side R
- 3&4 Step side L, step R next to L, step side L
- 5,6 Rock back on R, replace weight on L

7-12 ¼ TURN EAST COAST SWING BASIC, LADIES UNDERARM ¾ TURN

- 1&2 Step fwd R, step L next to R, step fwd R (*traveling BLOD*)
- 3&4 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping back on L
- 5,6 Rock back on R, replace weight on L

13- 20 ½ TURN, ½ TURN, 3 SHUFFLES FWD

- 1,2 ½ turn left (*traveling FLOD*) stepping back on R, turn ½ left stepping fwd L
- 3&4 Step fwd R, step L next to R, step fwd R
- 5&6 Step fwd L, step R next to L, step fwd L
- 7&8 Step fwd R, step L next to R, step fwd R

21-28 ¼ TURN SIDE, TOGETHER, SIDE, TOUCH, ROCK, REPLACE, ¼ TURN, ½ TURN

- 1,2 ¼ turn right stepping side L, step R next to L
- 3,4 Step side L, touch R next to L,
- 5,6 Rock back on R, replace weight on L
- 7,8 ¼ left stepping fwd R, ½ spot turn left on R

29-32 ROCK BACK, REPLACE, STEP FWD, HOLD

- 1,2 Rock back L, replace weight on R
- 3,4 Step fwd L, hold

Encore