



The Mishnock Barn
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Simple Pleasures

Choreographed by: Dan Albro; April 2, 2011

Description: 32 count, 4 wall, beginner line dance

Music: My Old Friend by: Tim McGraw (186 bpm*) Or any 2-step around 186 bpm*

* *The description below counts the music half time.*

Intro: 32 count into, start on vocals

1-8 SWAY, SWAY, SHUFFLE SIDE, SWAY, SWAY SHUFFLE SIDE

1,2,3&4 Sway right, sway left, step side R, step L next to R, step side R

5,6,7&8 Sway left, sway right, step side L, step R next to L, step side L

9-16 FWD, FWD, SHUFFLE SIDE, BACK, BACK, SHUFFLE SIDE

1,2,3&4 Step fwd R, step fwd L, step side R, step L next to R, step side R

5,6,7&8 Step back L, step back R, step side L, step R next to L, step side L

17-24 CHARLESTON 8 COUNT

1,2,3,4 Touch R toe fwd, step back on R, touch L toe back, step fwd on L

5,6,7,8 Touch R toe fwd, step back on R, touch L toe back, step fwd on L

25-32 HEEL, TOE, STEP ¼ TURN, ROCKING CHAIR, TWO STRUTTS

1,2,3,4 Touch R heel fwd, touch R toe back, step fwd R, pivot ¼ turn left (weight on L)

5&6& Rock fwd R, replace weight on L, rock back on R, replace weight on L

7&8& Touch R heel fwd, step down on R, touch L heel fwd, step down on L

Smile and begin again.