



The Mishnock Barn  
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# So Satisfied...

*Choreographed by: Dan Albro 5/11/10*

Description: 32 count, 4 wall Intermediate Line Dance  
Music: Satisfied by Donna Allen, WCS, 116 BPM  
Intro: 16 count

**1-8 WALK, WALK, WALK, TOUCH, HOLD, &, TOUCH, &, TOUCH, HIPS**

1,2,3,4 Step fwd R, step fwd L, step fwd R, touch L toe to left side (angle body left)  
5&6&7 Hold, step down on L, touch R toe next to L, step side on R, touch L toe side  
&8 Push hips fwd weight on L, push hips back weight on R

**9-16 CROSS, TURN BACK FULL TURN, TWO SAILOR SHUFFLES**

&1,2 Step L next to R, cross R over L, step back on L turning  $\frac{1}{4}$  right  
3,4 turn  $\frac{1}{4}$  right stepping fwd R, turn  $\frac{1}{2}$  turn right stepping back on L,  
5&6 Swing R around and step behind L, Step side L, step side R  
7&8 Cross L behind, step side R, step side L

**17-24 BEHIND, SIDE, CROSS, HOLD, UNWIND, HOLD,  $\frac{1}{4}$  TURN, STEP,  $\frac{1}{4}$  TURN**

1&2,3,4 Cross R behind, step side L, cross R over, hold, unwind  $\frac{1}{2}$  turn left  
5,6,7,8 Hold, pivot  $\frac{1}{4}$  left on ball of R and heel of L, step fwd R, pivot  $\frac{1}{4}$  left

**25-32 CROSS, ROCK, &, CROSS, ROCK, &, CROSS, &, HEEL, &, CROSS, &,  $\frac{1}{4}$  HEEL**

1,2&3 Cross R over, rock side left on L, replace weight on R, cross L over  
4&5 Rock side R, replace weight on L, cross R over  
&6&7 Step back on L, touch R heel angle fwd right, step back on R, cross L over  
&8& Turn  $\frac{1}{4}$  left stepping back on R, touch L heel fwd, step L next to R

*Keep doing it !!!*