

TAILSPIN



Choreographed by: Dan Albro (10/14/15)

Description: 32 count, beginner/intermediate, Partner Dance

Music: I Love this Life by: LoCash Cowboys, Intro: 16 counts

Country High by: Clayton Anderson, Intro: Start with vocals

Start: Facing FLOD, men inside, ladies outside, side by side position.

1-8 (Both) WALK, WALK, SHUFFLE FWD, ROCKING CHAIR

1,2,3&4 Step fwd L, step fwd R, step fwd L, step R next to L, step fwd L

5,6,7,8 Rock fwd R, replace weight on L, rock back on R, replace weight on R

Hands: On count 7 hands go out to sides, on count 8 release left hands

9-16 SHE TURNS, HE TURNS, BOTH TURN

1&2 (Lady) Turn $\frac{1}{4}$ left stepping side R, step L next to R, turn $\frac{1}{4}$ right stepping back R (BLOD)

3&4 Turn $\frac{1}{4}$ left stepping side L, step R next to L, turn $\frac{1}{4}$ left stepping fwd L (FLOD)

5&6 Step fwd R, step L next to R, step fwd R

7,8 Turn $\frac{1}{2}$ right stepping back L, turn $\frac{1}{2}$ right stepping fwd R

1&2 (Man) Step fwd R, step L next to R, step fwd R

3&4 Turn $\frac{1}{4}$ right stepping side L, step R next to L, turn $\frac{1}{4}$ right stepping back L (BLOD)

5&6 Turn $\frac{1}{4}$ right stepping side R, step L next to R, turn $\frac{1}{4}$ right stepping fwd R (FLOD)

7,8 Turn $\frac{1}{2}$ right stepping back L, turn $\frac{1}{2}$ right stepping fwd R

Hands: On count 1, right hands go over Ladies head then release them on count 3 (no hands)

17-24 (both) 8 COUNT LYNDY (FACING OLOD)

1&2 Picking up hands turn $\frac{1}{4}$ right stepping side L, step R next to L, step side L (OLOD)

3,4 Cross rock R behind L, replace weight on L

5&6,7,8 Step side R, step L next to R, step side R, cross back L behind R, replace weight R

25-32 (Lady) $\frac{1}{2}$ PIVOT, ROCK, REPLACE, $\frac{1}{2}$ SHUFFLE, $\frac{1}{4}$ SHUFFLE (FLOD)

1,2,3,4 Step fwd L, pivot $\frac{1}{2}$ right (weight on R), rock fwd L, replace weight R (ILOD)

5&6 Turn $\frac{1}{4}$ left stepping side L, step R next to L, turn $\frac{1}{4}$ left stepping fwd L (OLOD)

7&8 Turn $\frac{1}{4}$ left stepping fwd R, step L next to R, step fwd R (FLOD)

25-32 (Man) ROCKING CHAIR, SHUFFLE FWD, $\frac{1}{4}$ SHUFFLE (FLOD)

1,2,3,4 Rock fwd L, replace weight R, rock back L, replace weight on R

5&6 Step fwd L, step R next to L, step fwd L

7&8 Turn $\frac{1}{4}$ left stepping fwd R, step L next to R, step forward R (FLOD)

Hands: On count 1 left hand goes over Ladies head into cross arm position

On count 5, left hand goes over ladies head into side by side position

repeat