Teddy Bear Squeeze

Choreographed by: Dan Albro 10/12/08
The Mishnock Barn, 200 Mishnock Rd, West Greenwich RI 02817
401/397-3505; albro5@cox.net; www.mishockbarn.com

Description: 48 count, 4 wall Beginner/Intermediate Line Dance

Music: “Somebody Needs A Hug” by: Keith Anderson
Bpm: 110, West Coast Swing

Start: 16 counts after intro to start with vocals

Counts Description

1-8 TRIPLE HIPS, ROLL HIPS ¼ & STEP, STEP, SHUFFLE
1&2 Weight on R bump hips right, bump hips left, bump hips right
3,4 Roll hips counter clockwise shifting weight to L, continue hip roll shifting weight to R
turning ¼ left (weight back on R)
&5,6,7&8 Quickly step back on L, step fwd R, step fwd L, shuffle fwd R, L, R

9-16 ROCK, STEP, ½ TURN SHUFFLE, ¼ SIDE SHUFFLE, COASTER STEP
1,2 Rock fwd on L, step back on R
3&4 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L
5&6 Turn ¼ left stepping side R, step L next to R, step side R
7&8 Step back on L, step R next to L, step fwd L

17-24 3 STEPS FWD, ¼ TOUCH, CROSS, TURN BACK ¾, SHUFFLE FWD
1,2,3,4 Step fwd R, step fwd L, step fwd R, turn ¼ right touching L toe side
5,6 Cross L over R, turn ¼ left stepping back on R
7&8 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd on L

25-32 3 STEPS FWD, ¼ TOUCH, CROSS, TURN BACK ½, SHUFFLE SIDE
1,2,3,4 Step fwd R, step fwd L, step fwd R, turn ¼ right touching L toe side
5,6 Cross L over R, turn ¼ left stepping back on R
7&8 Turn ¼ left stepping side L, step R next to L, step side L

33-40 CROSS ROCK, STEP, SHUFFLE, CROSS ROCK, STEP, & CROSS, CLAP HANDS
1,2,3&4 Cross rock R over L, replace weight on L, step side R, step L next to R, step side R
5,6&7,8 Cross rock L over R, replace weight on R, step back on L, cross R over L, clap hands

41-48 & HEEL, CLAP HANDS, & CROSS, CLAP HANDS, OUT, OUT, 3 HIPS
&1,2&3,4 Step side L, touch R heel fwd angle right, clap, step back R, cross L over R, clap
&5,6,7,8 Step side R, step side L, 3 hips left

Repeat